Table 1 Ways of knowing in IK research (adapted from deMarrais (1998)

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|  | **Archival knowing** | **Narrative knowing** | **Observational knowing** | **Relational knowing** |
| People’s artefacts | People’s stories  **Own stories** | People’s behaviours | **People’s shared learning & understanding** |
| Methodological approach | Historical research | **Narratology**  **Autobiography**  Oral history | Ethnography  **Participation** Action research  **Listening** | **Transformation research**  Intuition/listening  Co-creating,  **participation of researcher** **and community**  **Sharing, ‘Studying-up’** |
| Data source | Letters, newspapers, photographs tools, objects | In-depth interviews, **stories**, songs | Participant observation, field notes, participant assignments | Dialogue, community discussions, ceremonies,  meeting notes |