Table 1 Ways of knowing in IK research (adapted from deMarrais (1998)

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|  | **Archival knowing** | **Narrative knowing** | **Observational knowing** | **Relational knowing** |
| People’s artefacts | People’s stories**Own stories** | People’s behaviours | **People’s shared learning & understanding** |
| Methodological approach | Historical research | **Narratology****Autobiography**Oral history | Ethnography**Participation** Action research**Listening** | **Transformation research**Intuition/listeningCo-creating,**participation of researcher** **and community****Sharing, ‘Studying-up’** |
| Data source | Letters, newspapers, photographs tools, objects | In-depth interviews, **stories**, songs | Participant observation, field notes, participant assignments | Dialogue, community discussions, ceremonies,meeting notes |